



CAMANO PREPAREDNESS GROUP FEBRUARY 2025 NEWSLETTER



Upcoming Meetings

Board Meetings –

1st Tuesday of the month; Vista Madrona Fire Station unless otherwise indicated; 1-3 pm.

General Meetings – 2nd Thursday of the month; Vista Madrona Fire Station; 7-9 pm.

The Tuesday, February 4th board meeting will be held at 1 pm, at the Vista Madrona Fire Station, 273 N West Camano Dr.

Thursday, February 13th will feature our new upcoming Fire Chief, Jason Allen. Come and meet Jason, learn what has been accomplished in 2024 and what he has in mind for our future.

Looking Back

Deputy Sheriff Scott Fague joined us at our January meeting to discuss active shooter and other life-threatening events, his emphasis being on situational awareness. Be observant. Stay aware of your surroundings. Know escape routes. If you sense that something is not right, leave the area. Most bad situations can be avoided if you remain alert and aware and remove yourself from a potentially threatening situation. The mantra for active shooters is Run, Hide, Fight. If you feel someone is a threat, leave. If you cannot leave, hide. If you can neither leave nor hide and your life is in danger, your last resort is to fight.

Making Plans - Weather

Camano's greatest risk concerning disasters is severe weather. Understanding weather can help you become better prepared.

Information for this portion of our newsletter comes from NW Meteorologist Ted Buehner; from NOAA; from the National Weather

Service; and from Island County Dept. of Emergency Management.

According to Ted Buehner's North Sound Weather Minute, our last significant rainfall for the month was January 10th with the remainder of the month leading us into a ranking in the top five of driest Januaries on record. The reason for this is a buckling of the weather systems that generally drive more moisture into our region providing rain in the lowlands and snow in the mountains. This buckling has shifted the system north into Alaska and the Yukon, leaving a high-pressure system setting just off the PNW Coast while also surging more frigid conditions into the central and eastern part of the nation. This pattern is finally breaking down. The outlook for February is more active weather with a sweep of colder, moisture laden air from Canada, potentially resulting in lowland snow.

Upcoming Meetings & Events

CPG Meetings

February 13 – Upcoming Fire Chief Jason Allen

March 13 – Hydrologist and PHD Chris Kelley

April 10 – Weather Phenomena with KING 5 Chief Meteorologist Mike Everett

May 8 – Situational Awareness with Dawn Mettler

June 12 – Your House Can Survive a Wildfire with Sue Ryan

September 11 – Geology of Camano and What that May Mean for Consequences of Earthquakes with Gabriel Lotto from Pacific Northwest Seismic Network





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Events

Shelter Management

A virtual Shelter Management course will be offered on February 13th and 14th. The time, however, is not what we were originally told. Instead, it will go from 7am until noon. If you are interested in taking this online course, please contact Rhonda Paulson – rspaulson.rp@gmail.com. If you have already contacted me and find that this new time is not appropriate for you, please do not feel badly about not participating in the course.

What's In Your Kit

Join us at the Camano Library on February 15th at 10 am for Bill Swander's excellent program outlining how to prepare your disaster kit to meet the specific needs of you and your household.

1st Quarter CERT Workshop

This workshop is primarily for those who have taken Basic CERT training but is also open to others who may wish to know more about our climate and weather, what drives it, how you can become your own weather watcher, and the measures you can take to mitigate, respond to, or survive severe weather conditions. The workshop is February 19, 6-8 pm, Vista Madrona Fire Station. If you wish to attend, please contact Rhonda Paulson, rspaulson.rp@gmail.com.

55+ Fair

*See attached flyer at the end of the newsletter.

Planning Ahead for February

For those of you who are new to our newsletter, this segment allows for an ongoing look at spreading the cost of preparedness out over the months rather than trying to acquire everything all at once. Also included are measures you can take to prepare for any emergency/disaster. For those of

you with the opportunity to review your supplies and your plans.

Items to locate or purchase

Compass	Local map
Toothpaste and toothbrush	
Denture products	Liquid soap
Cleansing wipes	Hand sanitizer

Actions to take:

Verify that your out-of-area emergency contact information is up to date. Share any changes with all family and friends who may wish to check on your well-being when local communications are out.

Collect and store your favorite herbs and seasonings in small packets. Date all perishables. Remove expired items.

Hold neighborhood disaster exercises. Imagine the following scenarios:

A major storm has made roads impassable and knocked out power, likely for several days.

A major earthquake has hit the area. Roads are gone and power, phone lines, and internet are knocked out. First responders may not be able to reach your neighborhood for days. Outside assistance with food and water may take even longer.

What items will you need for your household and as a neighborhood for each of these scenarios? What actions are you likely to need to take to assist others in your neighborhood? How best can you help one another?

Useful Websites:

*Should any of these links fail to work, try doing a copy and paste to your browser.

CPG – www.camanopreparednessgroup.org



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CPG Facebook –

www.facebook.com/CamanoPreparednessGroup

FEMA – <https://training.fema.gov/is/>

CIFR – <https://camanofire.com>

ICDEM (Island County Dept. of Emergency Management) –

<https://www.islandcountywa.gov/170/Departmentof-Emergency-Management>

Earthquake Country Alliance –

www.earthquakecountry.org/prepare/

Stanwood Camano Amateur Radio Club –

www.scarcwa.org

Robert Mitchell, MD, FACOG – Disaster Medicine Project –

<https://www.facebook.com/DisasterMedicineProject>

US Coast Guard –

<https://uscgboating.org/mobile/>

How to make a Crisco Emergency Light –

<https://youtube.com/watch?v=xnNHM4OLkvE>

Disability Related Preparedness Resources –

****Google:** [Inclusive Preparedness Resources](#) |
[American Red Cross](#)

WSDOT –

<https://wsdot.com/travel/real-time/map>

CPG Contacts:

Rhonda Paulson, President; Camano Neighborhood Ready Coordinator; CERT Trainer –

rspaulson.rp@gmail.com

Sue Ryan, VP; Program Director –

kk6sue@gmail.com

Bill Swander, Board member; CERT Trainer –

bswander44@gmail.com

We will never be Disaster Proof, but we can be Disaster Ready!

Remember – preparedness is not a mindset of doom and gloom. It is your insurance to help you manage and recover from a crisis.



Preparedness is

A State of Mind!





CAMANO PREPAREDNESS GROUP

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Help us Strengthen our Ranks to Better Serve our Community!

**For March 8th 55+ Fair 9:30 am – 2:30 pm with
setup at 9 am and takedown immediately
following the event.**

Looking for a couple of people interested in learning to staff our tables. Requirements: a willing smile for greeting people and an enthusiasm for sharing who we are. Time commitment – 2.5-3 hours.

For April 5th Camano 101 10 am – 1 pm

**Setup begins at 8 am and takedown immediately
following the event.**

Looking for a couple of people interested in learning to staff our tables at various events. Requirements: a willing smile for greeting people and an enthusiasm for sharing who we are. Time commitment – 1.5-2 hours.

For April 27th Final day of Basic CERT Training

Looking for at least three more volunteers to serve as victims for the final scenario of our April CERT training. Time commitment – 2.5-3 hours.

We would also love to have a couple of volunteers to read the questions and provide the answers for verbal exam and the triage cards for that final afternoon. The information is provided for you. Time commitment – 1.5-2 hours

**For May 17th – Camano Library's Homestead
Fair – Time to be determined**

Looking for a couple of people interested in learning to staff our tables. Requirements: a willing

smile for greeting people and an enthusiasm for sharing who we are.

***There will be CPG Board Members at each of these events. Come, observe, and share your enthusiasm for building a more resilient community.

If you are interested in any of these events, please contact Rhonda Paulson – rspaulson.rp@gmail.com

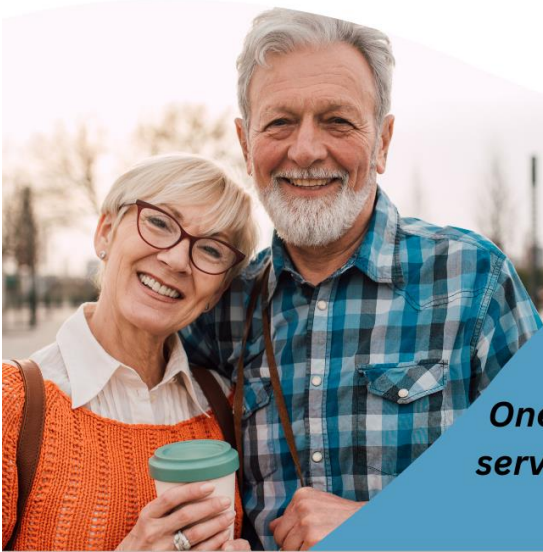
For Winter

St. Aidan's Episcopal Church here on Camano has set up an Extreme Cold Weather Shelter that will be open (depending on staffing) for the 2nd consecutive night of temperatures below 32°. This is an overnight shelter offering cots and food. They have a capacity of 12 cots. The night is split into two shifts and they are looking for community-minded volunteers. If you can help them, please contact Kevin King – kevinaking16@gmail.com



55+ RESOURCE FAIR

Complimentary
Lunch
11:00 - 1:00



Saturday, March 8, 2025
9:30 a.m. - 2:30 p.m.
AT THE CAMANO CENTER

*One convenient place to get information about
services, programs, and activities tailored to the
55 and over age group.*

PRESENTATIONS:

Memory
Screenings
available

10:00 - 11:00
Maintain Your Brain

11:30 - 12:30
Your Home: Options for Staying in
Place and Considerations for Moving

1:00 - 2:00 Estate & Long-Term Care Planning Basics

THANK YOU TO OUR EVENT SPONSORS:



STANWOOD HEARING



606 Arrowhead Rd., Camano Island 360-387-0222
www.camanocenter.org