



Recommendations for Emergency Car Kit



In addition to the usual items needed for your car (jumper cables, tool kit, tire gauge, chains, ice scraper, etc.) the following items are recommended. The amount of certain items will depend on the number of people in the vehicle. If traveling in remote areas, plan for the potential of being stranded for several days.

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| Water (bottled or pouches) | Gravity survival water filter straw purifier |
| Food (granola or protein bars, etc) | Whistle |
| Rain poncho, extra clothing | Heavy coat and gloves |
| Emergency blankets | Emergency sleeping bags |
| Hand warmers | Flares |
| Light sticks | 36-hour survival candles |
| Waterproof matches | |
| Flashlight with extra batteries or hand crank flashlight | |
| Hand crank radio | Solar charger for phone |
| Multifunction tool | Folding saw |
| Trash bags | Toilet tissue |
| Hand wipes | |
| First aid kit (one equipped with more than a handful of bandaids!) | |