



CAMANO PREPAREDNESS GROUP

September 2019 NEWSLETTER

Monthly Meetings: Every Second Thursday 7-9pm

Vista Madrona Fire Station – 273 N. West Camano Dr.

Dr. Robert Mitchell Meets with Local Active and Retired Medical Professionals

August's three town hall sessions led by Dr. Robert Mitchell of the Disaster Medicine Project has resulted in a core of highly motivated individuals interested in establishing a Medical Reserve Corps presence on Camano. Work is underway with our Island County Department of Emergency Manager, Eric Brooks and the Island County MRC Liaison, Terry Clark to make this happen. With our lack of a hospital and our severely limited medical resources on island, having an organized and dedicated group of knowledgeable and experienced medical personnel will be a huge asset for our first responders and our community. If you are interested in joining our efforts, please contact Rhonda Paulson – rspaulson.rp@gmail.com for information.



Practice cribbing and leveraging.

****Mark your calendars for Basic CERT Training at the Vista Madrona Fire Station.**

- October 18 (Friday) 6 to 9:30 PM - Orientation and Introduction
- October 19 (Saturday) 9 AM to 6 PM - Classroom and hands-on
- October 20 (Sunday) 9 AM to 6 PM - Classroom and hands-on

Prerequisite: IS317 online FEMA course – <http://training.fema.gov/is/courseoverview.aspx?code=IS-317>

FEMA and CERT courses are free. Register for CERT course at www.islandcert.org.

For more information, contact Rhonda Paulson - rspaulson.rp@gmail.com.

3rd Quarter CERT Workshop

Camano's 3rd Quarter CERT Workshop, held on August 24 at the Camano City Schoolhouse, focused on the Light Search and Rescue portion of CERT training.



Team discussion following a 360° building assessment looking for structural damage.



The SkyWarn Weather Spotting Class will be held on October 24, 2019, at the Camano Library, 848 N. Sunrise Blvd., from 6 - 8pm. This free class trains weather

spotters to provide reports of severe and hazardous weather. The reports help meteorologists make life-saving warning decisions. The class is free, but space is limited. To register, contact Sue Ryan – artistsue@yahoo.com or Rhonda Paulson – rspaulson.rp@gmail.com.



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Upcoming 2019 CPG Events & Meetings:

September 12 – ICOM 911 System – Behind the Scene – Tammy Dennis, Dispatch Supervisor - Vista Madrona Fire Station, 273 N, West Camano Dr. - 7-9pm

September 14 – CIFR Open House – Terry's Corner Station, 525 E. North Camano Dr. – 10am-2pm

September 21 – Water Purification and Storage – Bill Swander - Camano Library, 848 N. Sunrise Blvd. – 1pm

September 25 – North County MYN Presentation – Stanwood/Camano YMCA, 7213 – 267th St. NW, Stanwood, WA; Community Room, 1st Floor – 4:30-6:30pm

Planning Ahead: Items for September

An ongoing look at spreading the cost of preparedness over the year, and at other measures you can take to prepare for an emergency/disaster.

Items to Locate or Purchase:

Pliers Screwdriver Hammer

Strapping/fasteners for water heater, bookcases, etc.

Survival straw water purifiers.

Did you know? – Solar battery chargers for recharging cell phones and laptop computers are available for purchase online.

Actions to take:

Secure water heater and top-heavy furniture.
Develop a disaster supply kit for the car.

Useful Preparedness Websites:

CPG – camanopreparednessgroup.org

FEMA – Training.fema.gov; **Very good free online preparedness info/courses

CIFR – camanofire.com

ICDEM (Island County Dep't. of Emergency Management) – islandcountywa.gov/dem/pages/home

Earthquake Country Alliance - <https://www.earthquakecountry.org/prepare/>

Map Your Neighborhood - <https://rtcil.drupal.ku.edu/sites/rtcil.drupal.ku.edu/files/images/galleries/MapYourNeighborhood.pdf> - free download of the booklet

Stanwood/Camano Amateur Radio Club – scarwa.org

Robert Mitchell, MD, FACOG – Disaster Medicine Project – www.omfcares.com

Contact Info:

Bill Swander, President – bswander44@gmail.com

Rhonda Paulson, VP, Camano Map Your Neighborhood Coordinator – rspaulson.rp@gmail.com

Sue Ryan, Program Director – artistsue@yahoo.com

Sky Murphy, Camano CERT Coordinator – sky.murphy1@gmail.com

***The Camano Preparedness Group is a non-profit 501-C3 organization working to help Camano residents develop the skills necessary to make it safely through whatever major events we may encounter. We provide programs at monthly meetings, presentations for neighborhoods and local groups, and make available a wealth of materials at community events

Tax deductible donations welcome and can be sent to CPG, P.O. Box 1325, Stanwood, WA 98292.
