



CAMANO PREPAREDNESS GROUP

June 2019 NEWSLETTER

Monthly Meetings: Every Second Thursday 7-9pm
Vista Madrona Fire Station – 273 N. West Camano Dr.

June 1st Beer, Brats, & Biz Event



Sue Ryan, Rhonda Paulson, and Milt Olson

The CPG has been a participant in the annual Chamber of Commerce's Beer, Brats, & Biz since 2016. This wonderful all-day event pulls together a number of local non-profits and businesses, allowing Camano residents to learn about the vendors and services available in our area.

Meet Jessie Maier



Meet the newest member of the Island County Department of Emergency Management. Jessie Maier lives on Camano, and will be working with us. We are delighted to have an Island County DEM representative on Camano!

All Active and Retired Camano Island Medical Professionals!

Please note and plan to attend one or all of the following upcoming town halls, led by Dr. Robert Mitchell of the Disaster Medicine Project. The purpose and topic: Meet fellow Camano Medical Professionals; Discuss the formation of a Camano Reserve Medical Corps.

Aug. 7 - Camano Library, 848 Sunrise Blvd, Camano Island

Aug. 14 – Camano City Schoolhouse 993 Orchard Rd, Camano Island

Aug. 21 – Mabana Fire Station, 3651 S. Camano Dr, Camano Island.

All town halls will be held from 7-9pm.

Camano has no hospitals, only one small clinic, and no pharmacy.

We Need You!

Upcoming 2019 CPG Events & Meetings:

June 8 – CERT Continuing Ed focused on accessibility training – working with differently abled individuals as CERT members and learning to assist differently abled victims. You must register for this course - www.islandcert.org - location of class - Vista Madrona Fire Station, 273 N. West Camano Dr. – 2-4pm

June 13 – CPG meeting/program – Being Prepared Includes Staying Fit! – Barbara Libby – Vista Madrona Fire Station, 273 N. West. Camano Dr. – 7-9pm

June 29 – Mabana Fire Station Open House – 3651 S. Camano Drive – 10am-3pm

July 20 – Earthquakes and the PNW Faults – Camano City Schoolhouse, 993 Orchid Rd., Camano Island – 7-9pm

August 6 – National Night Out – Camano Community Center, 606 Arrowhead Rd., Camano Island – 5-8pm

August 10 – Car Show – Camano Community Center, 606 Arrowhead Rd., Camano Island

Planning Ahead: Items for this month

An ongoing look at spreading the cost of preparedness over the year, and at other measures you can take to prepare for any emergency/disaster.

Items to Purchase: (These are for a Disaster Kit)

Heavy cotton or hemp rope Duct tape

2 flashlights Batteries

Matches in waterproof container

Or

Purchase a FEMA or Red Cross approved Disaster Kit.

Also purchase:

Camp stove or BBQ Extra water for pets

Actions to take:

Renew or sign up for First Aid/CPR class

Keep a leash or pet carrier in an easy to access location in case you need to evacuate.

Make sure your pet has an extra set of ID tags

Useful Preparedness Websites:

CPG – camanopreparednessgroup.org

FEMA (Federal Emergency Management Agency) – Training.fema.gov;

**Very good free online preparedness info / course;

CIF&R – camanofire.com

ICDEM (Island County Dept. of Emergency Management) -

islandcountywa.gov/dem/pages/home

Earthquake Country Alliance -

<https://www.earthquakecountry.org/prepare/>

Map Your Neighborhood –

<https://rtcil.drupal.ku.edu/sites/rtcil.drupal.ku.edu/files/images/galleries/MapYourNeighborhood.pdf>

This brings up the MYN booklet and lets you download it.

Amateur Radio - scarcwa.org – Information regarding the Stanwood/Camano Amateur Radio Club; arrl.org – Information regarding the Amateur Radio Relay League

Robert Mitchell, MD, FACOG -- Disaster Medicine Project - www.omfcares.com

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***The Camano Preparedness Group is a non-profit 501-C3 organization working to help Camano residents develop the skills necessary to make it safely through whatever major events we may encounter. We provide programs at monthly meetings, presentations for neighborhoods and local groups, and make available a wealth of materials at community events.

Tax deductible donations welcome and can be sent to CPG, P.O. Box 1325, Stanwood, WA 98292.



Just be prepared!
