



CAMANO PREPAREDNESS GROUP

February 2019 NEWSLETTER

Monthly Meetings: Every Second Thursday 7-9pm

Vista Madrona Fire Station – 273 N. West Camano Dr.

January 24th Presentation – Camano Community Center

Presenters Bill Swander, Sue Ryan, and Rhonda Paulson provided information to the public regarding Volcanoes in Our Backyard, Map Your Neighborhood, and Community Emergency Response Team training.



Our sincere thanks to the Community Center for providing the use of their facilities, to the CPG members who assisted, and to those who attended, It is encouraging to see how many Camano Islanders are interested in preparing themselves for whatever may come.

Upcoming 2019 CPG Events & Meetings:

Watch for the rescheduling of SkyWarn --

****The SkyWarn course is provided by the National Weather Service and offers instruction

regarding identifying coming weather by the types of clouds and by measuring barometric pressure, wind speed/direction, humidity, and temperature. The course includes information with respect to measuring rain, hail, and snowfall, and how and when to report measurements to the National Weather Service. The course is free, very informative, and a lot of fun.

February 1 – What To Do Until Help Arrives – Camano Library – 4pm – Don Thompson

February 2 – Sound Water University – South Whidbey High School 5675 Maxwellton Rd., Langley, WA 98260 – 8:30am-4:30pm * See <https://soundwaterstewards.org/sw/2019/> for details. Preparedness sessions will be provided by Island County CPG members Sue Ryan and Rhonda Paulson.

February 16 – CERT First Quarter Class/Exercise – Vista Madrona Fire Station 273 N. West Camano Dr. – 1-3:30pm – Sky Murphy

March 16 – MYN Meet with Neighborhood Leads – Country Club Fire Station 1326 Elger Bay Road

March 23 – 55 – Plus Fair – Camano Community Center 606 Arrowhead Rd. - 9:30am – 2:30pm

*****Spring CERT Training – April 12-14** – Country Club Fire Station 1326 Elger Bay Road. See the CPG website for details.

Planning Ahead: Items for March

An ongoing look at spreading the cost of preparedness over the year, and at other measures you can take to prepare for any emergency/disaster.

Purchases:

2 boxes quick energy snacks

Comfort foods (candy bars, cookies, etc.)

Plastic wrap

Aluminum foil

Actions: If you have a multi-floor home, purchase and install escape ladders from upper floors.

Useful Tips

- Never allow your vehicles fuel tank to drop below half full. If you need to evacuate, it is likely you will be caught in long traffic lines.
 - Keep a tent and sleeping bags in an accessible area in the event your home is damaged, and you must find shelter outside.
 - Know your neighbors! Each person is a critical resource. If you have not organized your neighborhood under Map Your Neighborhood, this is a perfect way to meet and learn what resources are available. This also allows you to know who may need to be looked in on right away. The biggest advantage is establishing a sense of community. Studies show that those who survive with the least trauma are those whose communities worked together.
 - Make certain nothing is blocking any of your home's exit doors.
 - Make sure you have cash on hand – small bills are best. ATMs are likely to be down.
 - Keep a flashlight near the bed in every bedroom.
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Useful Preparedness Websites:

- **CPG** – camanopreparednessgroup.org
- **FEMA (Federal Emergency Management Agency)** – Training.fema.gov;
**Very good free online preparedness info / courses
- **CIF&R** – camanofire.com
- **ICDEM (Island County Dept. of Emergency Management)** - islandcountywa.gov/dem/pages/home
- **Earthquake Country Alliance** - <https://www.earthquakecountry.org/prepare/>
- **Map Your Neighborhood** - <https://rtcil.drupal.ku.edu/sites/rtcil.drupal.ku.edu/files/images/galleries/MapYourNeighborhood.pdf> - This brings up the MYN booklet and lets you download it.
- **Amateur Radio** - scarcwa.org – Information regarding the

Stanwood/Camano Amateur Radio Club; arrl.org – Information regarding the Amateur Radio Relay League

- Robert Mitchell, MD, FACOG
Disaster Medicine Project
Director of Community Disaster Medicine
Beth Israel Deaconess Medical Center
Fellowship in Disaster Medicine
An Affiliated Fellowship of the Harvard Initiative
425.879.3567 mobile
www.omfcares.com
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Contact Info:

Bill Swander, President – bswander44@gmail.com

Rhonda Paulson, VP, Camano Map Your Neighborhood Coordinator – rspaulson.rp@gmail.com

Sue Ryan, Program Director – artistsue@yahoo.com

Sky Murphy, Camano CERT Coordinator – sky.murphy1@gmail.com



Just be prepared.

***The Camano Preparedness Group is a non-profit 501-C3 organization working to help Camano residents develop the skills necessary to make it safely through whatever major events we may encounter. We provide programs at monthly meetings, presentations for neighborhoods and local groups, and make available a wealth of materials at community events.



Tax deductible donations welcome and can be sent to CPG, P.O. Box 1325, Stanwood, WA 98292.
