



CAMANO PREPAREDNESS GROUP APRIL 2023 NEWSLETTER



Upcoming Meetings/Events

Board Meetings – 1st Tuesday of the month; Vista Madrona Fire Station unless otherwise indicated; 1-3 pm

General Meetings – 2nd Thursday of the month; Vista Madrona Fire Station; 7-9 pm

April’s board meeting – April 4, 1 pm, Vista Madrona Fire Station, 273 NW Camano Dr.

General meeting – The Camano Preparedness Group’s April 13th meeting will present **Volcanoes in Our Backyard**. We will discuss how volcanoes work and the history of the five here in Washington. This program also discusses what to expect and how to prepare for the eventuality of any of our local volcanoes erupting. Come join us at 7 pm at the Vista Madrona Fire Station, 273 N. West Camano Dr. The public is always welcome!

For more info contact Sue Ryan at

kk6sue@gmail.com.

Hope to see you there!

Making Plans – Weather

The following information comes from NW Meteorologist Ted Buehner and his North Sound One Minute Pod Cast and from NOAA.

The rare three-year run of La Niña has finally ended with neutral conditions currently in play. The expectation is for cooler, wetter than average conditions for early spring, shifting to average temps and drier conditions for late spring. Moving into summer, the expectations are for warmer than average temps with about average precipitation. El Niño is expected as we move into fall and winter.

So – what are La Niña and El Niño? During normal conditions, the Pacific trade winds blow west along the equator, carrying warm water from

South America towards Asia. La Niña brings a strengthening of the trade winds, pushing more warm water toward Asia. This creates increased upwelling (cold water rising from the depths to replace the warm water) along our west coast. The colder waters push the Pacific jet stream north, often resulting in heavy rains/flooding in the PNW and Canada and drought in the southern US. El Niño sees a weakening of the trade winds, allowing the warm water to be pushed back to the east toward the west coast of the Americas. This causes the Pacific jet stream to drop south of its neutral position, bringing dryer, warmer conditions to the northern US and Canada.

Our March Meeting



In March we welcomed Sofia Kohfield, who provided an excellent program regarding ICOM (our 911 services). Thank you, Sofia!

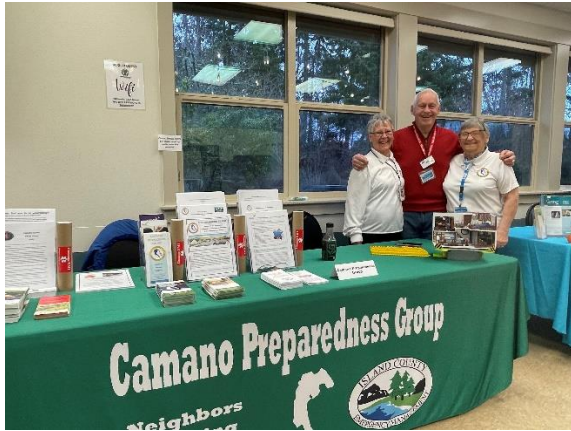




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Camano Center's 55-Plus Fair



The Camano Center hosted its 55-Plus Fair on March 4th. Rhonda Paulson, Bill Swander, and Liz Tarbet were only three of our members who helped to man our CPG table. If you have not attended the Camano Center's 55-Plus Fair, we highly recommend your doing so next year. This fair provides information regarding organizations and services pertinent for residents who are age 55 and older.

Preparedness for Water Associations

Every Water Association should have a disaster plan for an emergency response in the event of a major disaster. The plan should include an outline of actions that will: allow quick and timely identification of an issue affecting your water supply; allow the association to quickly notify local, state, and federal agencies for assistance, if necessary; make a quick assessment of the safety of the water supply and immediately notify customers to advise them of appropriate protective action; and allow for quick response to repair damages to minimize the system's down time.

It is wise to have backup power for your system in the event of a major power outage. It is also recommended to have a plan for carrying out rationing, should that become necessary.

Water Associations can download Washington State Department of Health's Emergency Response Planning Guide for Public Drinking Water Systems from:

www.doh.wa.gov/Portals/1/Documents/Pubs/331-211.pdf

Upcoming Events

April 21-23 – Basic CERT Training

As of this date, we have only two openings remaining for our April session. The training is free, though we do ask for \$25 per person to help cover the cost of the basic CERT packs we provide. The course runs from 6 - 9:30 pm of Friday, April 21st, and from 9 am - 6 pm on Saturday and Sunday, the 22nd and 23rd. For more information, contact Rhonda Paulson, rspaulson.rp@gmail.com. To register for this class, contact Kristina Kasper, k.kasper@islandcountywa.gov

Planning Ahead for April

An ongoing look at spreading the cost of preparedness over the months. Also included are other measures you can take to prepare for any emergency/disaster.

Items to Locate or Purchase:

- Strapping/fasteners for water heaters
- Crank or battery AM/FM radio
- Assorted plastic containers with lids
- Child-proof latches (works for securing cabinets during earthquakes)
- Sewing needles
- Household scissors
- Household chlorine (non-perfumed)
- Eyedropper (for adding chlorine to water)

Actions to Take:

Learn about water filtration, purification, and storage. Place OK/HELP signs with tape or pins, along with a hard hat, goggles, mask, and



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heavy shoes under or near your bed. Learn to use the compass and map included in your disaster kit.

Useful Websites

*Should any of these links fail to work, try doing a copy and paste to your browser.

CPG – www.camanopreparednessgroup.org

CPG Facebook –

www.facebook.com/CamanoPreparednessGroup

FEMA – <https://training.fema.gov>

CIFR – www.camanofire.com

ICDEM (Island County Dept. of Emergency Management) –

<https://www.islandcountywa.gov/DEM/Pages/Home.aspx>

Earthquake Country Alliance –

www.earthquakecountry.org/prepare/

Stanwood Camano Amateur Radio Club –

www.scarcwa.org

Robert Mitchell, MD, FACOG – Disaster Medicine Project –

<https://www.facebook.com/DisasterMedicineProject>

US Coast Guard –

<https://uscgboating.org/mobile/>

How to make a Crisco Emergency Light –

<https://youtube.com/watch?v=xnNHM4OLkvE>

Disability Related Preparedness Resources -

<https://www.redcross.org/prepare/location/home-family/disabilities>

<https://www.wasilc.org/coalition-on-inclusive-emergency-planning>

WSDOT –

<https://wsdot.com/travel/real-time/map>

CPG Contacts:

Rhonda Paulson, President, Camano Neighborhood Ready Coordinator; CERT Trainer – rspaulson.rp@gmail.com

Sue Ryan, VP, Program Director – kk6sue@gmail.com

Bill Swander, Board member; CERT Trainer – bswander44@gmail.com

Preparedness – A state of mind!

We will never be Disaster Proof

but

We can Be Disaster Ready!

