



CAMANO PREPAREDNESS GROUP

November 2022 NEWSLETTER

Monthly Meetings: Every Second Thursday 7-9pm

Vista Madrona Fire Station – 273 N. West Camano Dr.



Making Plans: Weather



October may have rolled in with the continuation of warmer and drier than usual weather, but it departed with the expected cooler temperatures,

rain, and our first and second wind advisories of the fall. With the predictions for a highly unusual third La Nina in a row, (only the second time it has happened since 1950), the expectations are for another round of cooler, wetter conditions into the winter, which increases the likelihood of flooding, heavier than usual snowfall, and more windstorms. Time to make sure you have fuel on hand for generators, wood/pellet stoves, and fireplaces, and that your emergency supplies are updated and well stocked. Keep your electric devices charged and keep extra batteries on hand. This is also a good time to make sure tree branches are trimmed away from the house and power lines and that gutters and shutters are secured. Move outdoor furniture and loose items to a place protected from expected high winds.

SkyWarn and The Great Shakeout

October brought two important events. SkyWarn training took the place of our usual October meeting. The presentation was provided by Trenton Davis from NOAA and was offered via Zoom. We are most grateful to Trent for his excellent program.

The Great Shakeout is an annual earthquake drill. Thank you to all the local ARES (Amateur Radio Emergency Service) members for their participation, and to our recent CERT students for providing ‘disaster size-up’ information to ARES for the purpose of transmitting it up the line to the proper Emergency Operations Center personnel. We look forward to learning how the communications drill went.

CERT Basic Training

Camano’s CERT Trainers Team offered CERT Basic Training the weekend of October 14-16. Thirteen individuals attended the course, including one quite amazing teen, Chace. The training included Disaster Medical Operations, Fire Safety, and Light Search and Rescue, along with several other units.

Paramedic Greg McIntosh and Fire Fighter Callie Woodworth demonstrate splinting.



Then CERT participants practice the skill.



Learning fire safety.



Chase assists Volunteer Fire Fighter Jim Ludden with demonstrating a rescue carry.





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Proud CERT graduates!



What a great Frankenstein!

And thank you to the community for coming and for the many generous donations that will go toward next year's Halloween event.

CIFR, CPG, and the Mabana Flames Bring Back the Community Halloween Party

Wow! Just Wow! The turnout for this year's Halloween Party was amazing! As always, the haunted house, done by the Fire Cadets and Camano Island Volunteer Fire Fighters, was the biggest hit. Picking candy from Frankenstein's nose, however, came in as a close second. Sincere thanks to Jane Lewis and her husband Pat Bydalek for creating the Frankenstein head and for the candy hands. Also, congratulations to Brette C. and Bethanne N., our two pizza winners from the drawing.

Thanks to each of the CPG and Mabana Flames members who stepped up to help make the event such a special night for the community!



Setting up the meeting room –



and the kitchen.



Meetings

The CPG board meeting took place at 1 pm on November 1st at the Vista Madrona Fire Station. The CPG general meeting will be held from 7-9 pm on November 10th at the Vista Madrona Fire Station. The evening's program, "**The Status of the Stanwood Dike**", will be provided by Jason Griffith, Environmental Program Manager with the Stillaguamish Tribe of Indians. Also in attendance will be Island County Commissioner, Janet St. Claire. If the Stanwood Dike breaks, it has the potential for flooding large parts of Stanwood and cutting Camano Island off from the mainland for several weeks. Come find out what is being done and get your questions answered. The public is welcome to attend all our meetings.



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Planning Ahead for November

An ongoing look at spreading the cost of preparedness over the year, and at other measures you can take to prepare for any emergency/disaster.

Items to Locate or Purchase:

| | |
|-----------------|---------------------|
| Hand sanitizer | Survival straw |
| Disinfectant | First aid scissors |
| Tweezers | Thermometer |
| Petroleum jelly | 2 tongue depressors |

Actions to Take:

Take a Stop the Bleed Course
***Tentatively scheduled for Jan. 28, 2023. Watch this newsletter for confirmation of date and time and how to register.

CPG Christmas Party

Join us on December 8th for the CPG annual Christmas Party. The party takes the place of our general meeting and will be held at the Cama Beach Café from 5-8 pm. There will be a just-for-fun White Elephant gift exchange (not to exceed \$15 per each person's gift). The evening will include a social hour from 5-6 pm with dinner at 7. This is a potluck occasion with the main dish provided. BYOB. There will also be a drawing for a couple of special gifts.

*** We need a head count for acquiring the meat for the main dish, so please, rsvp to Rhonda Paulson – rspaulson.rp@gmail.com by November 28th.

Useful Websites

*Should any of these links fail to work, try doing a copy and paste to your browser.

CPG – www.camanopreparednessgroup.org

CPG Facebook –

www.facebook.com/CamanoPreparednessGroup

FEMA – <https://training.fema.gov>

CIFR – www.camanofire.com

ICDEM (Island County Dep't. of Emergency Management) –

<https://www.islandcountywa.gov/DEM/Pages/Home.aspx>

Earthquake Country Alliance –

www.earthquakecountry.org/prepare/

Stanwood Camano Amateur Radio Club –

www.scarcwa.org

Robert Mitchell, MD, FACOG – Disaster Medicine Project –

<https://www.facebook.com/DisasterMedicineProject>

US Coast Guard – <https://uscgboating.org/mobile/>

How to make a Crisco Emergency Light –

<https://youtube.com/watch?v=xnNHM4OLkvE>

Disability Related Preparedness Resources –

<https://www.ready.gov/disability><https://www.redcross.org/prepare/location/home-family/disabilities>

<https://www.wasilc.org/coalition-on-inclusive-emergency-planning>

CPG Contacts:

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Preparedness – A state of mind!

