



# CAMANO PREPAREDNESS GROUP

## October 2022 NEWSLETTER

Monthly Meetings: Every Second Thursday 7-9pm

Vista Madrona Fire Station – 273 N. West Camano Dr.



### Making Plans: Weather

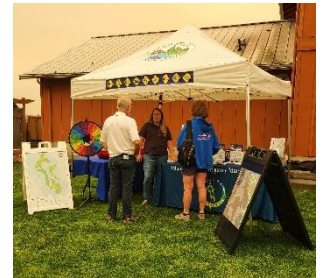
From the North Sound Weather Minute, moving into October, we are looking at a rare third consecutive La Nina, which means cooler and wetter than normal weather conditions across the Pacific Northwest, and likely a snowier winter. This looks to be the model from October through December of this year. Time to start planning for the fall windstorms and power outages.

Our very sincerest thanks to Chief Yengoyan, Sheriff Fague, and Chief Jail Deputy Broines for their impressive presentation!

### Preparedness and Safety Fair



### September's Active Shooter Presentation



Fire Chief Levon Yengoyan was joined by Sheriff Fague and Chief Jail Deputy Jose Briones to provide a highly informative and truly excellent program regarding “Active Shooter” scenarios and ways in which we can protect ourselves. There was so much offered that the following boils down to some over simplifications, but --- The number one rule – be aware! Instead of having your brain and your eyes fully engaged with your phone or tablet, remain constantly observant of your surroundings. If you note anything out of the ordinary and troubling, move away. If you are caught in a shooter situation, the rule is Run, Hide, Fight.

Saturday, September 10<sup>th</sup> was a day filled with smoke and ash, turning our world a yellow grey and keeping many people home. Still, those who

attended our fair showed lots of interest and enthusiasm for the vendors participating. Our co-sponsor for the event, the CIFR, offered a children’s ‘fire house’ complete with a hose for putting out the ‘flames’ in addition to their 10-minute CPR, demonstrations and the opportunity to experience using a fire extinguisher, and a children’s coloring contest. The Island County Department of Emergency Management, our ICOM Dispatch services, AT&T featuring their dedicated lines for first responders, ARES (Amateur Radio Emergency Service), and Camano Health Services were all



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present. Our CPG booth featured our Rock ‘n’ Roll Earthquake house, which is always a hit.

Many thanks to each of the vendors and to those who braved the smoke and ash to experience our first fair since before the pandemic.

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### Camano 101 How to live on an Island



#### Bob and Milt discuss preparedness with visitors to our booth.

Camano Island has a remarkable number of services and resources available to our residents. The event was held at the Camano Center on Saturday, September 24<sup>th</sup>. The resources represented included the Cama Beach Foundation, Camano Animal Shelter Association, Island County Noxious Weeds, Island Transit, Washington State Parks, Snohomish Conservation District (and yes, they serve us, as well!), Camano Wildlife Habitat Project, Friends of Camano Island Parks, the Camano Preparedness Group, Sound Water Stewards, Whidbey Camano Land Trust, WSU Shore Stewards, WSU Extension Master Gardeners, WSU/Island County Waste Wise Program, WSU Community Litter Cleanup Program, Island County Marine Resources Committee, and Island County Health Department. If you missed this event, be sure to watch for it next year!

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### Meetings

The October board meeting will be on October 4th from 1-3 pm at the Vista Madrona Fire Station.

\*The October 13<sup>th</sup> meeting will be a Special Event ----



**SkyWarn Weather Spotter Training.** The event will go from 6 pm to 8 pm. \*Note this is earlier than our usual meetings. The SkyWarn training teaches how to identify and when to report severe weather to the National Weather Service. **You must register for this course.**

Registration:

<http://www.surveymshare.com/s/AYAG42C>

(You will receive the zoom course link in the registration survey.) Course material may be emailed about a week prior to the event.

Once registered, you may participate in the virtual course from home, or you are most welcome to join us at the Vista Madrona Fire Station to enjoy learning as a group and discussing the course afterward. (You will still need to register on-line.)

This Special Event takes the place of our October general meeting. For more information, contact Rhonda Paulson – [rspaulson.rp@gmail.com](mailto:rspaulson.rp@gmail.com)

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### CERT Basic Training

For those who have registered, our CERT Basic Training is just around the corner! Be sure to bring your lunch for both Saturday and Sunday, and dress in clothes appropriate for working indoors and outdoors. While the CERT Manuals are provided, you will need to bring your own binder for your copy.

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### Halloween Party!!!

See the flyer at the end of the newsletter.



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### Planning Ahead for October

An ongoing look at spreading the cost of preparedness over the year, and at other measures you can take to prepare for an emergency/disaster.

#### Items to Locate or Purchase:

- Pain reliever                      Sunscreen
- Laxative                            Antacid
- Anti-diarrheal                    Extra prescription meds
- Red Cross or FEMA first aid kit (or build your own!)
- FEMA recommended trauma kit
- Battery, solar-charged, or crank AM/FM radio with access to NOAA

#### Actions to Take:

Take a first aid/CPR course. Work with your neighborhood to acquire FRS or GMRS radios and learn to use them with proper protocol and etiquette. (If interested in having us come to your neighborhood to discuss these radios and their use, Neighborhood Ready includes this information. Contact Rhonda Paulson.) If there is at least one person in your neighborhood who is also an amateur radio operator, you are in luck!

#### Useful Websites

\*Should any of these links fail to work, try doing a copy and paste to your browser.

- CPG – [www.camanopreparednessgroup.org](http://www.camanopreparednessgroup.org)
- CPG Facebook – [www.facebook.com/CamanoPreparednessGroup](http://www.facebook.com/CamanoPreparednessGroup)
- FEMA – <https://training.fema.gov>
- CIFR – [www.camanofire.com](http://www.camanofire.com)
- ICDEM (Island County Dep’t. of Emergency Management) – <https://www.islandcountywa.gov/DEM/Pages/Home.aspx>
- Earthquake Country Alliance – [www.earthquakecountry.org/prepare/](http://www.earthquakecountry.org/prepare/)

### Map Your Neighborhood –

<https://mil.wa.gov/map-your-neighborhood>  
[MapYourNeighborhood\\_booklet.pdf \(ncna.info\)](https://www.ncna.info/MapYourNeighborhood_booklet.pdf)

### Stanwood Camano Amateur Radio Club –

[www.scarcwa.org](http://www.scarcwa.org)

### Robert Mitchell, MD, FACOG – Disaster

### Medicine Project –

<https://www.facebook.com/DisasterMedicineProject>

### US Coast Guard – <https://uscgboating.org/mobile/>

### How to make a Crisco Emergency Light –

<https://youtube.com/watch?v=xnNHM40LkvE>

### Disability Related Preparedness Resources –

<https://www.ready.gov/disability><https://www.redcross.org/prepare/location/home-family/disabilities>  
<https://www.wasilc.org/coalition-on-inclusive-emergency-planning>



#### CPG Contacts:

**Rhonda Paulson, President, Camano Neighborhood Ready Coordinator; CERT Trainer –**  
[rspaulson.rp@gmail.com](mailto:rspaulson.rp@gmail.com)

**Sue Ryan, VP, Program Director –**  
[kk6sue@gmail.com](mailto:kk6sue@gmail.com)

**Bill Swander, Board member; CERT Trainer –**  
[bswander44@gmail.com](mailto:bswander44@gmail.com)



Preparedness – A state of mind!





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Join us on Halloween Evening!



# Annual Halloween Party & Haunted House

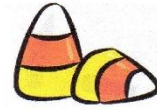


Sponsored by CIFR,  
Camano Preparedness Group  
& Mabana Flames

**Vista Madrona Fire Station**  
**273 N. West Camano Drive**  
**5:00 to 8:00pm**  
**Monday Oct. 31st**



Hot Dogs



Treats

PRIZES



Safe and Family Friendly



Free Admission